



This work carried out with the financial support of the *Grand Plan d'investissement*, the *Région Nouvelle Aquitaine*, the *European Union* and *ADEME* as part of the "La Rochelle Territoire Zéro Carbone" project.

## SUSTAINABLE IT, SUSTAINABLE DESIGN AND YOU

We frequently hear about the strain that our various activities put on the environment and on other human beings. Of course, among these activities is the subject of this training programme: digital technology.

Finding our rightful place and moving forwards together in order to progress requires a bringing together of:

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- Knowledge,
- Technical know-how,
- A strong will and state of mind.

A deeper knowledge of the impact of digital technology, whether upon the environment or other human beings, occupies an increasingly important place in both the media and alternative sources of information. It is also disseminated by organisations such as the ISIT (the Institute for Sustainable IT).

Technical know-how comes as a result of our training and our profession. We have learnt it at our school desks. It is refined through experience and at times changes direction. It is about doing what we know and love.

The Eco-design of a digital service involves acquiring and sharing skills, applying our technical know-how and for many, a state of mind and attitude.

For this, YOU, as an individual, are at the core of the system and the principal architect of a more virtuous and inclusive digital technology. But you don't have to do this alone, collective intelligence is the key. The skills and talents of the people around you will allow you to progress, thanks to their individual expertise and a sharing of knowledge and good practice with one common goal: Sustainable IT.

As you can see, there is nothing really new here, with environmental awareness already being uppermost in everyone's minds. Our mastery of technology will allow us to produce the best possible digital services.

Throughout this sustainable IT awareness course, we will provide you with the relevant reference points which will enable sustainable IT to become an essential opportunity to nourish your passion for design and development.

With the help of relevant information, available references, different tools, the possibility of "quick wins" and the presence of a rich and dynamic ecosystem, the implementation of sustainable design within a digital service will be both simple and natural.